



Centre for Young Parents
A Community Where Uncertainty
Meets Opportunity

2024 Quarterly

Newsletter

www.centreforyoungparents.com

The Annual Playhouse Raffle is BACK!!

Get your tickets today and help support young parents in Grande Prairie

CHECK IT OUT



AGLC Licenses
#680393 #679678

Playhouse Raffle 2024

PRIZES

Early Bird Prize #1 - May 23rd
\$500 Cash

Early Bird Prize #2 - June 6th
Flight for 2 AIR CANADA FOUNDATION

Final Draws - June 27th
Playhouses & 50/50



50/50
WIN UP TO
\$10,000!

RAFFLE

1 for \$10
3 for \$25
8 for \$50

50/50
1 for \$5
10 for \$10
40 for \$20



TICKETS

Online

Apr 15th - Jun 25th
WWW.CENTREFOR YOUNGPARENTS.COM



In Person

@ CANADIAN TIRE
April 27th- June 23rd
Saturdays & Sundays 12 - 4PM



For more information and rules contact Heather Tillapaugh 780-538-3854 or go to www.centreforyoungparents.com

YOUR HEART, YOUR HELP, THEIR HOPE, THEIR FUTURE

Are you looking for ways to give back to your community? We could use your help! Whether you invest in one or more of our fundraising events, directly support a program or make a gift donation, you can be sure that your dollars will stay in Grande Prairie and surrounding communities.

The Centre for Young Parents (previously known as the Pregnant & Parenting Teen Program) has been providing individual and educational support to young parents and their families for over 37 years. In the last 5 years alone, we have helped over 400 families.

The organization continues to grow and change as the diverse needs of the Grande Prairie and area evolve. We now offer support to mothers and fathers, have multiple groups, and provide free, drop-in childcare. Staff, parents, schools and the community continue to see more young families thriving.

We offer free, non-judgmental, confidential, and continued support from dedicated professionals to anyone under the age of 21 in Grande Prairie and area who may become pregnant, are pregnant, or are parenting, up until their child is 6. We support clients and their decisions no matter their religion, spirituality, race, or ability.

We believe that with support these young families can build positive futures for themselves and their children. However, we cannot do it alone; we need your support in providing for these families.

Centre for Young Parents wants to make supporting our organization as easy as possible for you and would like to extend an invitation to help support us through our multiple fundraising efforts. There are many ways that you can get involved, individual events, multiple events, program sponsorship, general donation, third-party fundraising and volunteering.

If you would like to learn more about how you can get involved or would like to see our 2024 Sponsorship Opportunities, please contact our Community Engagement Coordinator - Heather at 780-538-3854 x1731 or email heather.tillapaugh@gppsd.ab.ca

MAY - JULY 2024



THRIFT SHOP UPDATE

Find us on 

CYP Thrift Shop 



The CYP Project Thrift Shop has undergone several changes in the past couple months. Now under new supervision the store has embraced the true Thrift Shop vibe with lower prices, more variety, and friendly volunteers! If you have come into the store in the past or have never checked it out please give us the opportunity to show you all the amazing deals we have and tell you about our mission to support young parents in our area. We hope to see you soon!

SUCCESS STORY



Emry has been in our program since the birth of her son Talon. She is engaged in the program while at the same time attending nursing school. With the help of her Home Visitation worker and our Lactation Consultant she has been able to successfully keep breastfeeding while going to school. Visits were arranged outside work hours so Emry could be best supported. She is eager to learn

about Talon's physical and emotional development and her Home Visitation worker is happy to teach her. Emry wants another baby but in learning about family planning, she and her husband have decided to wait until she is done school and has a good job. Her Home Visitation worker is currently working on how to find safe and appropriate childcare for Talon for Emry's fall semester. The family is very excited about their future!

PROJECT THRIFT SHOP

Project Thrift Shop is a Social Enterprise initiative, developed by the Centre for Young Parents non-profit organization, to earn additional income that would strengthen the financial resources of the agency, to help address clothing insecurity for many organizations within the Peace Country and to provide opportunities for clients to receive coaching and mentoring that would prepare them for future employment opportunities.

Further, the Thrift Shop assists our communities overall in global efforts of recycling, reducing and reusing items in our households, all while assisting a local non-profit organization to benefit from the sale of such items.

The Thrift Shop sells a variety of new and 'previously enjoyed' clothing, accessories, footwear, books, household items, home décor, sports equipment, linens, small appliances, etc. Donations are gratefully accepted during regular business days, between the hours of 11 and 4.

CYP Project Thrift Shop is conveniently located at 10008 – 103 Avenue in downtown Grande Prairie, AB Call 780-533-2514 for more information.

SOUND CHECK 2024
OCTOBER 4TH & 5TH
Save The Date

SOUND CHECK

GRANDE PRAIRIES ANNUAL MUSIC CONTEST

IN SUPPORT OF CENTRE FOR YOUNG PARENTS (PREGNANT TEEN PROGRAM)

WWW.GPSOUNDCHECK.COM

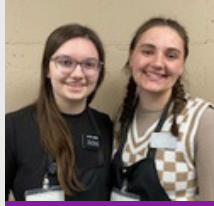
MONDAY: CLOSED
TUESDAY: 10AM – 5PM
WEDNESDAY: 10AM – 5PM
THURSDAY: 10AM – 5PM
FRIDAY: 10AM – 5PM
SATURDAY: 10AM – 5PM
 SUNDAY: CLOSED



VOLUNTEER SPOTLIGHT

JUNE

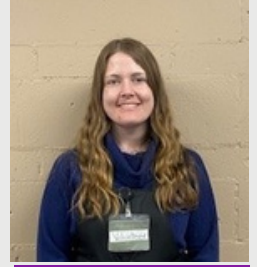
Hi! Our names are Sister Jenkins and Sister Hansen and we are volunteers for the Church of Jesus Christ of Latter-day Saints. We are both from the United States but are currently living in Canada for the next 18 months to serve the Lord. We're so thankful for this opportunity to get to know the community, and we are so excited to be here! We love being representatives of Jesus Christ and have been beyond blessed to serve the people of Grande Prairie.



Sister
Jenkins &
Sister
Hansen

JULY

Hello my name is Chelsea and I have been a volunteer of the CYP Project Thrift Shop since February 1st, 2024. I have had the pleasure to work with great staff and customers at the store. I believe that the Centre for Young Parents is great for our Community and as a result helps young parents. Its a great feeling to be involved and help out. I just want to thank everyone for their support. I am also a great believer of Jesus Christ. He is the light and will guide our paths in life. Amen.



Chelsea
Irwin

STAFF SPOTLIGHT

I am a mother of 3 and a Grandmother of 2. In my spare time I enjoy crafting, and spending time with my crazy family. I am working towards a Diploma in Early Learning and Child Care. Prior to that I enjoyed 11 fulfilling years operating my own successful day home. My most fulfilling moments as an Early Childhood Educator are when I develop meaningful, reciprocal relationships with each individual child.

Lisa

INTERM DAYCARE
SUPERVISOR

STAFF

- Tayo Adegunju - Executive Director
Liz Krysa - Home Visitation Worker
Jenny Kay - Home Visitation Worker
Heather Tillapaugh - Community Engagement Coordinator
Kim Wald - Program Manager
Cathy Christie - Executive Assistant
Lisa - Interim Daycare Supervisor
Megan Tremblay - Navigation & Assessment Worker
Loretta LaForce - Thrift Shop Assistant

BOARD

- Spenser Cunningham - Chair
Vacant - Vice Chair
Lynn Berry-Barsaloux - Secretary
Aimee Savoury - Treasurer
Carrie Young - Director
Georgia Greenwood-Duncan - Director
Katrina Przybylski - Director
Valerie Norris-Kirk - Director

I THINK I MAY BE PREGNANT, WHAT DO I DO?

Below is a list of early signs of pregnancy. However, the only way to know if you're pregnant is take a pregnancy test and a follow-up test with a doctor. We provide free over the counter, at-home pregnancy tests for anyone under the age of 20. We provide 100% non-judgmental, 100% confidential, 100% free follow up, no matter what the result. You can only become pregnant if you have been engaging in vaginal intercourse, particularly if no contraception has been used properly. Pregnancy Signs can include, no period, Nausea or vomiting, Fatigue, Breast tenderness, Mild to severe pain, particularly in your abdomen, legs, hips, or back.

I'M PREGNANT, NOW WHAT???

If you are under the age of 20 and residing in Grande prairie or the surrounding area, and are pregnant then please contact us and we can talk about your options. We are a pro-choice, non-judgmental organization with trained professionals who can refer you to other agencies and resources.

If you are over the age of 20 and residing in Grande Prairie or the surrounding area and pregnant then contact the College & Community Health Centre at (780) 814-5800 located at the Grande Prairie Regional College for information on options and resources in Grande Prairie.

CONTACT US

Office Hours:
Monday - Friday 8:30am-4:30pm
(Closed for Lunch 12:00-1:00pm)

(780) 538-3854

9625 Prairie Road, Grande Prairie

pregnantandparentingteens@gmail.com